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# CIRCULAR SYNERGY AND ITS ROLE IN SUSTAINABLE ARCHITECTURAL PRACTICES IN NIGERIA

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#### **Abstract**

This paper explores the integration of green architecture and circular economy principles in Nigeria, aiming to achieve sustainable development goals. Leveraging Building Information Modeling (BIM), the study examines BIM's role in driving sustainable practices within the Nigerian construction industry. The paper showcases how BIM facilitates lifecycle analysis, facility management, and retrofitting of existing buildings for improved energy performance and circularity. Real-world examples illustrate BIM's potential to enhance building sustainability and operational efficiency. Furthermore, the study emphasizes BIM's contribution to collaborative decision-making and stakeholder engagement. BIM-driven communication tools effectively convey sustainable architecture concepts to diverse stakeholders. Addressing challenges, the paper underscores the need for policy support and capacity building to encourage BIM adoption in green architectural projects in Nigeria. In conclusion, embracing BIM as a catalyst for sustainable architecture and circular economy practices can accelerate Nigeria's transition towards a greener, more resilient, and socially equitable future.

Keywords: Circular economy, Circular synergy, Sustainable architecture, Green Nigeria

#### 1. Introduction

Nigeria, like many countries worldwide, faces the urgent need to address pressing environmental challenges and promote sustainable development. Amidst the increasing focus on mitigating environmental impacts, sustainable architecture and circular economy principles have emerged as essential drivers for creating a greener and more resilient future (Ogunmakinde et al., 2022). In this context, "Greening Nigeria: Circular Synergy for Sustainable Architecture" aims to explore the transformative potential of integrating sustainable architecture practices and circular economy strategies, supported by Building Information Modeling (BIM), to accelerate Nigeria's journey towards a sustainable and circular built environment (C. Ohochuku et al., 2023).

1.1 Overview of Sustainable Development and Circular Economy in Nigeria: Nigeria's rapid urbanization and economic growth have placed immense pressure on natural resources and the built environment (Cirella & Iyalomhe, 2018). As the nation strives to achieve the United Nations' Sustainable Development Goals (SDGs) by addressing issues of poverty, climate change, and resource depletion, the significance of sustainable development has become paramount. Similarly, the circular economy approach, which seeks to minimize waste and optimize resource utilization, has gained momentum in response to mounting environmental concerns (Velenturf & Purnell,

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2021). Embracing circular economy principles can foster economic growth while reducing environmental impacts (Sergi & Jaaffar, 2021), making it a crucial aspect of Nigeria's sustainability agenda.

- **1.2 Importance of Sustainable Architecture in Achieving Environmental Goals:** Amidst the burgeoning population and increasing urban density, the construction and operation of buildings play a pivotal role in Nigeria's environmental footprint. Sustainable architecture, also known as green architecture, envisions buildings designed and constructed with environmentally friendly principles that minimize resource consumption, energy usage, and ecological impacts (Samer, 2013). By adopting sustainable architecture practices, Nigeria can create structures that coexist harmoniously with their surroundings, optimize energy efficiency, and reduce carbon emissions, thus aligning with global sustainability objectives.
- **1.3 Building Information Modeling (BIM) and its Relevance to Sustainability:** Building Information Modeling (BIM) represents a digital paradigm shift in the construction industry, offering a collaborative platform for design, construction, and facility management (Khosrowshahi, 2017). Through its sophisticated tools and simulations, BIM empowers architects, engineers, and stakeholders to optimize building designs, analyze performance, and streamline construction processes (Akinade et al., 2018; Keskin et al., 2020). In the context of sustainable architecture, BIM becomes a catalyst for making data-driven decisions that lead to energy-efficient, resource-conscious, and environmentally sound buildings.

As Nigeria endeavors to bridge the gap between sustainable development and the built environment, this paper delves into the pivotal role of BIM in advancing sustainable architecture practices and facilitating circular economy principles. By exploring the various applications of BIM in green architecture and circular economy strategies, this research seeks to provide valuable insights for policymakers, industry professionals, and researchers to create a circular synergy that propels Nigeria's journey towards a more sustainable and resilient future.

#### 2. Understanding BIM for Sustainable Architecture

#### 2.1 Definition and Key Features of Building Information Modeling (BIM)

Building Information Modeling (BIM) is not just a software tool; it represents a paradigm shift in the architecture, engineering, and construction (AEC) industry. At its core, BIM is a digital representation of a building's physical and functional characteristics, encompassing both its graphical and non-graphical information. The BIM model serves as a comprehensive database that stores data on the building's geometry, spatial relationships, materials, systems, and performance attributes (Chien et al., 2017).

Key features of BIM include:

• **Parametric Modeling:** BIM uses parametric modeling, enabling architects to create intelligent building elements with predefined parameters. This means that changes made to one element in the model automatically

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propagate throughout the entire design, ensuring consistency and accuracy. For example, modifying the dimensions of a window in the BIM model will automatically adjust all instances of that window in the design.

- **Data Interoperability:** BIM software promotes data interoperability, allowing different stakeholders to collaborate seamlessly on a single platform. Architects, engineers, contractors, and facility managers can access and exchange data within the BIM model, fostering efficient communication and reducing the risk of data loss or miscommunication.
- Clash Detection: One of the critical advantages of BIM is its ability to perform clash detection. As different disciplines collaborate on the model, potential clashes or conflicts between building elements are automatically detected. For instance, BIM can identify instances where ductwork intersects with structural elements, alerting the design team to resolve the conflict before construction, thus saving time and resources.
- Visualization and Simulation: BIM facilitates realistic visualizations and simulations of the building, allowing stakeholders to experience the design in virtual environments. This enables better understanding of the design intent and assists in making informed decisions during the design process. Simulation tools within BIM can analyze energy performance, daylighting, thermal comfort, and other aspects that contribute to sustainable architecture.

# 2.2 BIM's Role in Supporting Sustainable Architectural Design

BIM's adoption in sustainable architectural design brings significant advantages to the table. The ability to create accurate 3D models allows architects to visualize and assess the environmental performance of the building at an early stage. Energy simulations using BIM help predict the building's energy consumption, enabling architects to identify energy-intensive areas and optimize design solutions to reduce energy usage (Onungwa et al., 2017).

BIM empowers architects to explore various design alternatives, comparing their environmental impacts and identifying the most sustainable options. For instance, architects can assess the effectiveness of different passive design strategies, such as shading devices, green roofs, or natural ventilation, in reducing the building's carbon footprint.

Furthermore, BIM supports the integration of renewable energy sources, such as solar panels or wind turbines, into the building design (Volkov & Sukneva, 2014). Through simulations, architects can evaluate the potential energy generation and how these renewable technologies contribute to the overall sustainability of the building. By leveraging BIM's capabilities, architects can make data-driven decisions, optimize resource utilization, and create buildings that align with sustainable design principles, benefiting both the environment and the occupants.

## 2.3 Benefits of BIM Adoption in Promoting Circular Economy Practices

BIM's role extends beyond sustainable architectural design; it is also a powerful tool in promoting circular economy practices within the construction industry. Circular economy emphasizes the reduction of waste, the

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reuse of materials, and the incorporation of renewable resources in construction projects (Ogunmakinde et al., 2022; Ogunsanwo & Ayo-Balogun, 2020). BIM's features support circularity throughout the building's lifecycle. Through accurate quantity takeoffs and material tracking, BIM reduces material waste by ensuring that only the necessary number of materials is ordered and used during construction. The ability to visualize and track materials in the BIM model aids in monitoring the building's material flow, making it easier to identify opportunities for recycling or repurposing materials after the building's life cycle.

BIM's data-rich models also allow architects to specify materials with circular properties. Designers can select products made from recycled content, renewable resources, or materials that can be easily disassembled and repurposed. Integrating circular economy principles within the BIM model ensures that these decisions are made early in the design phase, promoting sustainable material choices throughout the project.

Additionally, BIM facilitates deconstruction and end-of-life planning. By designing buildings with disassembly in mind, materials and components can be salvaged for reuse or recycling, reducing waste and supporting circularity. Overall, BIM's capabilities align with circular economy principles, making it an invaluable tool in fostering a more sustainable and resource efficient construction industry.

### 3. Leveraging BIM for Energy Efficiency in Green Architecture

# 3.1 BIM Applications for Optimizing Energy-Efficient Building Design

In the pursuit of sustainable architecture, energy efficiency stands as a critical aspect. BIM provides architects with powerful tools to optimize building designs for energy performance. Through energy modeling and simulations, architects can assess different design alternatives and identify strategies to reduce energy consumption while maintaining occupant comfort.

Drawing from Kirchherr et al., (2017) analysis of the circular economy emphasizes the importance of reducing resource consumption and optimizing material use. BIM's parametric modeling capabilities enable architects to create iterations of the building design, each exploring various energy-efficient features. These iterations can include different insulation materials, glazing types, shading devices, and lighting strategies. By comparing the energy performance of these iterations, architects can make informed decisions to achieve the most energy-efficient design, aligning with the principles of circular economy in the built environment.

# 3.2 Integrating BIM with Energy Simulation Tools for Performance Analysis

To achieve the goals of sustainability and circularity, BIM must go beyond basic design representation. BIM's compatibility with energy simulation tools further enhances its capabilities in assessing energy performance. By importing BIM models into energy analysis software, architects can conduct detailed energy simulations that account for factors such as HVAC systems, occupancy patterns, and equipment usage.

The comprehensive review of circular economy research by Munaro et al., (2020), highlights the need for greater integration between stakeholders in the construction value chain. BIM serves as a collaborative platform,

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facilitating communication and coordination among architects, engineers, contractors, and facility managers. This integrated approach fosters better decision-making and ensures that energy-efficient strategies are implemented throughout the building's lifecycle.

# 3.3 Case Studies Showcasing Successful BIM Implementations in Sustainable Architectural Projects

Several case studies exemplify BIM's impact on energy efficiency in sustainable architecture. For instance:

- 1. The Crystal, London, UK: This iconic sustainable building utilized BIM to optimize its energy performance. Through BIM-driven simulations, the building's design was finetuned to maximize natural lighting, minimize heat loss, and incorporate renewable energy sources. The result was a showcase of energy-efficient architecture that aligns with circular economy principles by promoting resource conservation.
- 2. Treasure Island, San Francisco, USA: BIM played a crucial role in transforming this former naval base into a sustainable community. BIM-enabled simulations were used to design energy-efficient buildings, prioritize renewable energy solutions, and facilitate effective waste management, demonstrating how BIM supports circular economy practices (C. Ohochuku et al., 2023).
- 3. *Edge Building, Amsterdam, Netherlands:* Recognized as one of the greenest buildings globally, the Edge Building relied on BIM to achieve its sustainability goals. The design team used BIM to optimize energy use, integrate renewable energy technologies, and reduce water consumption, showcasing how BIM can contribute to sustainable architecture in line with circular economy principles.

These case studies show, BIM's energy simulations, optimization capabilities, and collaborative features contribute significantly to sustainable architectural designs that adhere to circular economy principles. By leveraging BIM's potential, Nigeria can accelerate its green architectural transformation and contribute to the global sustainability agenda (C. Ohochuku et al., 2023).

## 4. Material Efficiency and Waste Reduction with BIM in Circular Economy

# 4.1 BIM-Driven Quantity Takeoff and Material Tracking for Waste Reduction

To achieve a circular economy in the construction industry, reducing material waste is paramount. BIM's capabilities in quantity takeoff and material tracking contribute significantly to this goal. By generating accurate material quantity estimates from the BIM model, architects can minimize material overordering and waste during construction.

The study by Onyowoicho et al., (2021) on circular economy benefits to cost in the Nigerian construction industry highlights the urgent need for waste minimization and recycling practices. BIM's material tracking feature facilitates monitoring the flow of materials throughout the construction process. By recording the actual use of materials on-site and comparing it to the planned quantities, architects and contractors can identify areas of potential material waste. This information allows for better management of construction waste and promotes responsible material use in the circular economy framework.

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### 4.2 Promoting Responsible Sourcing of Sustainable Building Materials Through BIM

The concept of sustainable architecture, as described by Ragheb et al., (2016) emphasizes the importance of minimizing the negative environmental impact of buildings through the use of environmentally friendly principles. BIM empowers architects to make informed decisions about material choices by providing access to databases of sustainable building products and materials (Ohochuku & Dimkpa, 2023).

BIM's compatibility with life cycle assessment (LCA) tools allows architects to analyze the environmental impacts of different material options. Drawing insights from the research conducted by Geissdoerfer et al., (2017) architects can consider factors such as embodied carbon, water usage, and emissions to identify materials with the lowest environmental footprint.

- **4.3 Case Studies Demonstrating Material Efficiency and Circular Practices with BIM** Several case studies showcase how BIM contributes to material efficiency and circular practices:
- 1. Bullitt Center, Seattle, USA: BIM was instrumental in the construction of the Bullitt Center, one of the world's greenest commercial buildings. BIM's data-driven approach facilitated the selection of sustainable materials with a focus on minimizing waste and optimizing recycling opportunities.
- 2. Copen Hill, Copenhagen, Denmark: This innovative waste-to-energy power plant was designed using BIM to integrate circular economy principles. BIM allowed the architects to plan for future deconstruction and reuse of building materials, contributing to a closed-loop system.
- 3. *Green School, Bali, Indonesia:* BIM played a vital role in the construction of the Green School, known for its sustainable bamboo architecture. BIM's ability to accurately model the bamboo structure ensured efficient use of materials, supporting the circular economy approach.

These case studies exemplify how BIM's material efficiency capabilities align with circular economy practices, leading to reduced waste, responsible material sourcing, and environmentally conscious building designs. By adopting BIM-driven circular practices, Nigeria can propel its construction industry towards sustainability and resource efficiency.

# 5. Lifecycle Analysis and Facility Management with BIM for Sustainable Architecture

# 5.1 BIM-Enabled Lifecycle Analysis for Building Sustainability

Lifecycle analysis plays a vital role in assessing the environmental impact of a building over its entire lifespan. BIM's ability to store comprehensive data about building components, materials, and systems facilitates accurate lifecycle analysis.

By integrating BIM with building performance analysis tools, architects can evaluate the energy performance, carbon footprint, and overall environmental sustainability of their designs. This empowers them to make informed decisions during the design phase to optimize a building's long-term environmental performance.

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**Example:** The One Bryant Park Tower in New York City employed BIM to conduct a thorough lifecycle analysis. By simulating various design scenarios using BIM-integrated energy analysis tools, the architects achieved a 50% reduction in energy consumption compared to standard building practices.

# 5.2 Enhancing Facility Management and Sustainable Operations

BIM's role extends beyond the design and construction phases to facility management and maintenance. The detailed data within the BIM model allows facility managers to efficiently manage building operations and maintenance for sustainable practices.

BIM can be integrated with Building Management Systems (BMS) and Internet of Things (IoT) sensors to monitor real-time building performance, energy usage, and indoor environmental quality. Facility managers can identify inefficiencies and implement corrective measures, thereby enhancing a building's sustainable operation (Ohochuku et al., 2023; Ohochuku & Dimkpa, 2023).

**Example:** The Crystal, a sustainable building in London, utilizes BIM to optimize facility management. By integrating BIM with its BMS, the facility managers can monitor energy usage, indoor air quality, and water consumption in real-time, resulting in a 20% reduction in energy costs.

### 5.3 Retrofitting Existing Buildings for Improved Energy Performance

BIM plays a crucial role in retrofitting existing buildings to align with sustainable architecture and circular economy principles. By creating accurate as-built BIM models of existing structures, architects can analyze energy performance and identify opportunities for improvements.

Using BIM data, architects can simulate energy-efficient retrofits, such as installing energyefficient lighting, improving insulation, or upgrading HVAC systems. These retrofits can significantly enhance the building's energy performance and contribute to circularity by extending the life of existing structures.

**Example:** The Empire State Building retrofit project utilized BIM to analyze energy efficiency strategies. BIM data facilitated the evaluation of various energy-efficient solutions, leading to a 38% reduction in energy consumption and significant cost savings.

# 6. Collaborative Decision Making and Stakeholder Engagement with BIM

# 6.1 Fostering Sustainable Design Decision-Making through Collaboration

Collaborative decision-making is essential for sustainable architecture and circular economy practices. BIM provides a collaborative platform where architects, engineers, contractors, and other stakeholders can work together in a shared virtual environment.

By facilitating real-time collaboration and information exchange, BIM enhances communication and interdisciplinary coordination. This collaborative approach ensures that sustainable design decisions are integrated into the project from the outset.

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**Example:** The Bullitt Center project in Seattle showcased effective collaborative decisionmaking. Through BIM-enabled collaboration, the project team iteratively explored sustainable design options, resulting in a net-zero energy building.

# 6.2 BIM-Driven Communication Tools for Stakeholder Engagement

Effective stakeholder engagement is crucial for the success of sustainable architecture projects. BIM offers powerful visualization and communication tools that aid in engaging stakeholders at different project stages.

Virtual walkthroughs, interactive 3D models, and augmented reality presentations enable stakeholders to visualize the project and provide valuable feedback. Engaging stakeholders through BIM-driven communication tools promotes buy-in and supports sustainable design decisions.

**Example:** The 3D visualization of the King Abdullah Petroleum Studies and Research Center (KAPSARC) project in Saudi Arabia allowed stakeholders to interact with the design and understand its sustainable features. This enhanced stakeholder engagement and ensured alignment with sustainable objectives.

# 6.3 Effective Communication of Sustainable Architecture Concepts

Communicating sustainable architecture concepts to diverse stakeholders requires clarity and simplicity. BIM visualizations and communication materials can effectively convey sustainable design strategies and circular economy principles.

Infographics, animated presentations, and sustainability dashboards based on BIM data help simplify complex sustainability concepts for non-technical stakeholders. Clear communication fosters a shared understanding and commitment to sustainable practices.

**Example:** The sustainable redevelopment of the Hamburg Opera House utilized BIM to create informative infographics and virtual tours. These communication tools engaged stakeholders, including the public, in understanding the sustainable transformation of the historic building.

# 7. Overcoming Challenges and Barriers to BIM Adoption for Sustainable Architecture 7.1 Addressing Cultural and Mindset Challenges

The successful integration of BIM and sustainable practices in Nigeria faces cultural and mindset challenges. Embracing BIM represents a paradigm shift from traditional construction practices, necessitating a change in attitudes towards technology and collaboration.

Nigeria's construction industry needs to foster a culture of openness to innovation and crossdisciplinary collaboration. Encouraging dialogue and knowledge-sharing among architects, engineers, contractors, and other stakeholders will overcome resistance to change.

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### 7.2 Policy and Regulatory Support for BIM Integration

Policy and regulatory support play a pivotal role in driving BIM integration within green architecture and circular economy projects. The Nigerian government, along with relevant industry bodies, should develop and enforce policies that mandate BIM usage in public projects and incentivize its adoption in private sector initiatives.

Incorporating sustainable building standards and circular economy principles into building codes and regulations

Incorporating sustainable building standards and circular economy principles into building codes and regulations will encourage architects, engineers, and contractors to adopt BIM as a tool for achieving compliance.

**Example:** The United Kingdom's government has demonstrated support for BIM adoption by implementing the "BIM Level 2" mandate for public projects. This policy has accelerated BIM implementation and improved collaboration across the construction industry, leading to more sustainable design practices.

## 7.3 Strategies for Education and Capacity Building

Comprehensive education and capacity-building programs are essential to overcome barriers and foster BIM implementation. Training initiatives should be tailored to address the specific needs of different professional roles, such as architects, engineers, contractors, and facility managers.

Collaboration between academia and industry can facilitate the integration of BIM in architectural and engineering curricula. Offering workshops, webinars, and certifications will empower professionals to acquire the necessary skills and knowledge for BIM-driven sustainable development.

**Example:** Singapore's Building and Construction Authority (BCA) has implemented the "BIM Fundamentals for Practitioners" program, providing hands-on training in BIM implementation. This initiative has led to increased BIM adoption and enhanced collaboration within the construction sector, driving sustainable practices.

#### 8. Future Prospects and Recommendations

#### 8.1 The Transformative Potential of BIM

The future of sustainable architecture and circular economy practices in Nigeria holds immense promise with BIM at its core. BIM's data-centric approach and collaborative environment will continue to revolutionize how buildings are designed, constructed, operated, and maintained.

By integrating BIM with emerging technologies like Artificial Intelligence (AI), Virtual Reality (VR), and Digital Twins, Nigeria can unlock new possibilities for sustainability. BIM's role will expand from design and construction to encompass intelligent building management and predictive maintenance, further enhancing sustainable outcomes.

**Example:** The "Virtual Singapore" project leverages BIM, AI, and VR to create a digital twin of the entire city-state. This platform facilitates real-time simulations and predictive analytics, enabling policymakers and stakeholders to make informed decisions for sustainable urban planning.

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### 8.2 Recommendations for Widespread BIM Adoption

To promote widespread BIM adoption in the construction industry, the following recommendations should be considered:

- Develop a national BIM framework with standardized protocols, data formats, and interoperability guidelines.
- Establish BIM centers of excellence and provide grants for research and development in sustainable architecture.
- Encourage public-private partnerships to support BIM initiatives and promote collaborative projects.

# 8.3 Enhancing BIM's Role through Research, Collaboration, and Innovation

Continuous research, collaboration, and innovation are essential to enhance BIM's role in sustainability initiatives. Academia, industry, and government should collaborate to develop innovative solutions and best practices. Promoting open-source BIM tools and data exchange platforms will foster a culture of innovation and knowledge-sharing. Investing in research that explores BIM's potential in addressing specific sustainability challenges will further advance sustainable architecture in Nigeria.

#### 9. Conclusion

In conclusion, the integration of BIM in promoting sustainable architecture and circular economy practices is pivotal for Nigeria's sustainable development journey. By addressing cultural barriers, securing policy support, and fostering education, Nigeria can unlock the transformative potential of BIM in sustainable architecture. BIM's collaborative nature, datadriven capabilities, and communication tools offer an unprecedented opportunity to design, construct, and operate buildings that adhere to green principles and circular economy concepts.

The time to embrace BIM technology and its role in sustainable development is now. As Nigeria strives towards a greener and more sustainable future, BIM-driven sustainable practices have the potential to become mainstream, contributing to Nigeria's sustainable development goals. By adopting BIM as a catalyst for change, Nigeria can pave the way for a brighter and more sustainable built environment.

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